

Dear Parents,

I want to provide you with information about my counseling services at Broadway. My primary role at the school is to provide social and emotional education and support for students. I meet with students at Broadway in the following ways:

- **Whole classroom lessons** – My classroom lessons support the District 51 Social and Emotional Learning (SEL) Framework, as well as American School Counseling Association (ASCA) standards. I also consult with teachers about student needs. Students will learn skills and strategies for understanding themselves and getting along well with others during my lessons.
- **Small groups** – I offer the following small groups at Broadway based on student needs:

Goal groups – To support students with school related goals (academic, social or behavioral). I help students make a plan for accomplishing their goals and monitor their progress, and I provide encouragement along the way.

Changing Family/Divorce group – To provide support for students who have experienced a recent change in their family due to parental separation or divorce.

Grief group – To support students who have recently experienced the death of a close family member or loved one. A Hope West counselor might join me at the school to co-facilitate this group.

Friendship Group – To support students in developing and maintaining positive relationships by building on existing strengths and learning new social skills.

Lunch Bunch (usually offered to 4th grade girls and boys in the fall, and 5th grade girls in the spring) – To help students build positive relationships and teach strategies for effective problem solving.

P/T Cruiser group, P/T = Positive Thinking – To provide support and teach strategies for reducing worrying. Students in this group will be encouraged to use positive thinking and practice relaxation techniques.

- **Individual counseling** – Students can request to see me by putting a note in my counselor envelope at school (on the wall at the entrance to the office). I will notify parents if the concern is serious enough to warrant notification, or if a student requests to see me more than a few times. School counselors are not able to provide long-term individual counseling, but I can see students a few times as needed for school related concerns.

Please let me know if you have questions about the services I provide, or if you have concerns about your child that I might be able to help with. I will be at Broadway on Tuesdays and Fridays and every other Wednesday this year.

Leslie Atchison
Broadway School Counselor
254-6430, ext. 42108
Leslie.Atchison@d51schools.org